

Media Presence



Guylaine Vallée is a Vedic palmist-astrologer at the Birla Center in Montreal and Chénéville, Quebec, where she offers private readings, consultations and palmistry training in both English and French.

Guylaine has been a much-loved fixture on radio and television for more than 30 years. She has counseled thousands of clients and has expanded her reach through her books, social media sites and weekly webisodes. She has been a guest lecturer at numerous seminars in Canada and the United States.

Recent Publications:

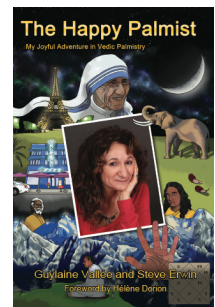


(2018) *The 90-Day Life Line Challenge: Open Your Heart to Love, Joy and Happiness*

(2017) *The 90-Day Head Line Challenge: Thinking Your Way to Happiness*

(2016): *The 90-Day Heart Line Challenge: Experience the Joy of Being Alive*

(2015) *The Happy Palmist: My Joyful Adventure in Vedic Palmistry* (Autobiography)



WEBISODE INTERVIEWS

Interviews with various guests (2017 - present), including author of the Rwandan genocide *Left to Tell*, Immaculée Ilibagiza, life coaches Lilou Macé and Geneviève Young, author of *Yoga for Kids*, France Hutchison, author and alpinist Sylvie Fréchette, Vedic astrologer Joni Patri, and singer songwriter Kevin Parent.



Guylaine with Lilou

TELEVISION GUEST APPEARANCES

My Seven Chakras, US podcast with Aditya Jaykumar (2018 & 2017)

Cara Jones Speaks, US podcast with Cara Jones (2016)

Synergy Café US podcast with Magic Brad (2016)

Deux filles le matin (2014, 2009, 2008, 2006 & 2001)

MCBG (2013)

Pour le plaisir - Radio-Canada (2010)



On Daytime with Derick Fage

Daytime (monthly segments from June 2006 to March 2007)

AM Northwest on Ketu TV, Oregon

Entre nous with Julie Low (2007 & 2006)

Le Mec à dames (2007, 2006 & 2005)

Salut Bonjour (2009 & 2004)

Caféine (2008 & 2003)

Évasion Beauté (1998) - with Lise Watier



On *Évasion Beauté* with Lise Watier

Rock Velours, (1996) - with Juliette Powell

Reddy Reddy Go (1996) – with Francis Reddy

La Vie à Montréal (1996) – host Chantal Lacroix interviewed Guylaine at the Birla Center

Claire Lamarche (1996) – encore appearance to read the palms of celebrities

Claire Lamarche (1993) – Guylaine appears on “the Oprah of Quebec”



With Claire Lamarche

RADIO

On Jase, Julie Blais Comeau, Unique FM 94,5 (2016)

Vivre with Diane Trudel - FM 103,3 (2016, 2015)

La tête dans les étoiles, Radio Mieux-Être with Lili Anne Dubois - CJLV 1570 AM (2015)

Rythme FM & Rock Détente in 2008 (regular guest):

Le bonheur est à 4 h – hosted by Patricia Paquin and Sébastien Benoit

La vraie vie – hosted by Dominique Bertrand and Jean-Michel Anctil,

Tout l'monde debout – on Rock-Détente in Montreal and Gatineau

Annie le soir – hosted by Annie Lessard

Bonsoir Chérie – Rythme FM



With Julie Blais Comeau



With hosts André Robitaille and Marina Orsini on *Tout l'monde debout*

OTHER PUBLICATIONS

Introduction to Hast Jyotish (2010) – book co-authored with Ghanshyam Singh Birla

The River of Life: An Unforgettable Journey Within (2002) – book co-authored with Kathy Keogh

Dernière Heure: Monthly advice column (1995-2005)

CABLE 9 TELEVISION PRODUCTIONS

À la Portée de Votre Main (Guylaine's 1990's live call-in show.)

Être Bien dans Sa Peau (Guylaine's 1990's weekly series on Vedic palmistry.)

Q&A with Guylaine Vallée

Q: You are a Vedic palmist. What is Vedic palmistry, Guylaine?

It's a form of traditional Indian palmistry that originated in the ancient Hindu scriptures known as the Vedas. Written in Sanskrit, the Vedas constitute the oldest layer of Sanskrit literature and the oldest scriptures of Hinduism. Palmistry originated thousands of years ago as part of the ancient Vedic science of *Samudrik Shastra*, which translates from Sanskrit as "Ocean of Knowledge", and that knowledge was available to us in the lines and signs of the hand.

Q: What is the biggest misconception about palmistry?

People think it's fortune telling—a party trick. That couldn't be further from the truth. Real Palmistry is not about prediction, it is about prevention and growth. Our palms show us what we need to change in our life to find happiness. When we make those changes, the lines on our hands will change. Palmistry is the language of the soul.

Q: Tell us how astrology and palmistry are related?

Like most people, I was unaware that astrology is related to palmistry. However, during my first consultation with Ghanshyam Birla, I learned they are twin sciences originating together in the Vedas and having the same root, *Jyot*, meaning light. *Jyotish* refers to astrology, the study of the influence of the light of the planets on our lives. Vedic palmistry is known as *hast jyotish*—*hast*, meaning "hand". As such, palmistry is the study of the reflected light of planetary influences, as revealed through the features of our hands. In India, it is commonly understood that astrology and palmistry are interconnected.

Q: How does astrology come into play during a palm reading?

Clients provide the date, time and location of their birth, so I can draw up their astrological chart before their reading. The astrological chart provides an understanding of the client's strengths and weaknesses and the lines on their hand reveal whether they are living up to their potential, as seen in the chart. By taking their handprints at six-month intervals, I can monitor their progress by the changes that are seen in the lines of their hands.

Q: What was your life like before you became a Vedic palmist?

I had a glamorous job in Paris as a TV and film editor, but I felt spiritually bankrupt, lost and lonely. All the trappings of success left me cold. I needed a big change. So, at the age of 24, I moved back to Canada—to Montreal—and heard about Ghanshyam Singh Birla. His name resonated with me. It was a “click”, a gut feeling. Now I'm in the business of inspiring souls and helping people achieve their dreams.

A: How did your family react?

It was like when I decided to leave home for Paris and my parents were concerned. But I ended up getting a high-paying job in Paris and managing just fine—so they figured I'd be okay at the Palmistry Center, even if they didn't really understand what a palmist did. My brothers and sister had long considered me a free spirit and weren't surprised when they heard the news. A little over a year after I'd started working as a palmist, my parents noticed such a profound change in me they wanted to meet Ghanshyam and have a palm reading themselves.

Q: Are you discouraged by naysayers?

Not at all. I welcome everyone to try it—*especially* the sceptics. Palmistry has been an accepted and deeply respected part of Hindu culture for so many thousands of years, it is represented by its own goddess. Her name is Mother Panchanguli, *Panch* means five and *anguli* means fingers. Just like acupuncture, yoga and other healing arts, palmistry earns respect because of its

effectiveness. North America is finally ready to open its mind and heart to the possibilities of Vedic palmistry.

Q: Why now?

Because of the mainstreaming of the wellness movement, and non-Western medicine. People are more willing to try things from other cultures. Plus, the Internet has made it a smaller planet.

Q: Why did you feel compelled to write this book?

To explain my journey—one from loneliness to joy. True happiness is within reach, for us all, and I wanted to describe how palmistry utterly changed my life and gave it meaning so that many others can be aware of how they can benefit as well, finding the same joy and happiness.